

# Vertis™ CanolaPRO® protein powder Sports Nutrition Chocolate flavor

When you're striving to achieve your personal best on the court, track, or in the gym, plant protein can help achieve your goals by powering performance and supporting recovery. To stay on top of your game, it's important that plant protein products contain all the essential nutrition you need.



# Plant protein that packs a punch

DSM's Vertis™ CanolaPRO® is a high-quality plant protein isolate that delivers top nutrition. It's a complete protein, meaning it contains all the essential amino acids (PDCAAS = 1), making it the ideal whey or soy alternative, so you can keep performing at your very best.



## Insights & key ingredients

### BENEFITS:

- Proteins support muscle recovery
- 21g protein per serving
- Complete amino acid profile
- Suitable for vegans
- Free from major allergens

### DSM KEY INGREDIENTS:

- Vertis™ CanolaPRO®
- DSM Premix Solutions (vitamins & minerals)
- EVERSWEET™ Stevia Sweetener

## Vertis™ CanolaPRO® protein powder Sports Nutrition, chocolate flavor

### Nutrition Facts

	Per 100 gram
Energy (kcal)	410
Energy (kJ)	1715
Fat (g)	7.7
of which saturated (g)	5.1
Carbohydrates (g)	25.6
of which sugars (g)	2.6
Protein (g)	53.8
Salt (g)	0.46

### Ingredients

Plant-based protein blend (64%) (Vertis™ CanolaPRO® rapeseed protein isolate (32%), pea protein concentrate (32%)), natural flavor, medium chain triglycerides (maltodextrin, acacia gum, silicon dioxide, sunflower lecithin), cocoa powder (processed with alkali), oligofructose, vitamin & mineral blend, cane sugar, guar gum, salt, stevia.

### Allergens

**This product was manufactured in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soy, and therefore may contain traces of all the above.**

Rapeseed protein may cause allergic reaction to consumers who are allergic to **MUSTARD** and products thereof

### Instruction

Add one pouch (39 grams) to 8 oz. (240 mL) of water or milk.  
Shake well, enjoy!

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