

# Nutritional approach for healthy gut

With our busy lifestyle, the insufficient intake of fibers and water could lead to microbiota imbalance causing unpleasant side effects like slow intestinal transit or constipation.

The common intake of laxatives could worsen the condition and therefore a nutritional approach, based on synbiotic solutions, would be safer providing long-term health benefits.

The rise in the number of health-conscious consumers probiotic awareness, the aging population and the increase in the number of gut-related disorders, are driving the probiotic market.



# **Health from the Gut Solutions**



DSM is ready to help you fortify your gut health portfolio or enter the space, with purpose-led, innovative digestive health solutions – taking you from concept to consumer, with speed and confidence.

Region: EMEA

Stability: 24 months
Application: MRS sticks
Reference: FA4611

**NUTRITION · HEALTH · BIOSCIENCE** 

# **Fiber**

**Probiotics + FOS** 

Improved digestive health with synbiotic solutions



## Beneficial synbiotics for happy colon

Discover how our **Fiber** solution can support peristalsis and intestinal transit, through replenishing intestinal microbiota with beneficial bacteria and drawing on clinical evidence from sc-FOS and equivalent strains.

- Contains four of the most studied Lactobacilli and Bifidobacteria species to support digestive health
- ✓ sc-FOS is known to normalizes bowel movements<sup>2</sup>
- Probiotics may Improve digestive comfort and beneficial bacterial counts<sup>3,4</sup>

### Active Ingredients

Learn more!
Connect with an expert

Potency / Label Claim / serving (one stick)	
X bn CFU	1 serving / day
X g dietary fiber	1 serving / day

References: 1Lightspeed/Mintel; 2 Pitkala et al., The Journal of Nutrition, Health & Aging 2007;11(4):305; 3 Bouhnik et al., J Nutr 1999 Jan;129(1):113-6; 4 Paineau et al., British Journal of Nutrition 2008;99:311-318



