# ATTRACT new consumers by RETHINKING OMEGA-3s

A wealth of research supports the role of omega-3s in cardiovascular, cognition and visual health...

#### Optimizing immunity

Anti-inflammatory properties support normal immune function



But there's more to omega-3s than meets the eye (heart, and brain)...



### Aiding fitness and recovery

EPA and DHA support cardio-respiratory fitness, muscle recovery and an increased range of motion

#### Maintaining a balanced mood

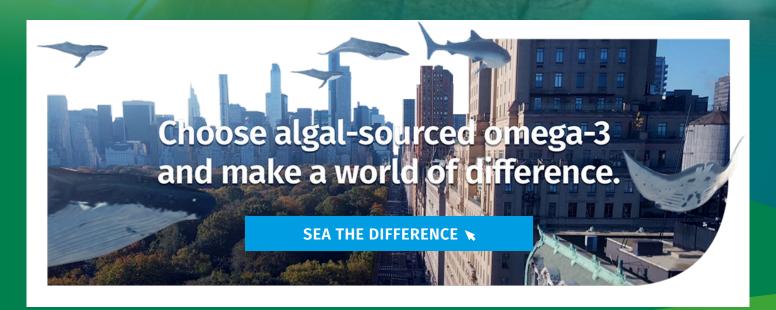
Omega-3s can help relieve depression symptoms – a growing priority for younger consumers



## Promoting better sleep

DHA supports improved sleep quality and duration for children and adults

Connect with DSM to learn how to use the latest omega-3 science to attract new consumers.



*life's™OMEGA* is the only plant-based, sustainably produced omega-3 fatty acid that combines EPA and DHA in a single source.

From concept to consumer, choose DSM as your end-to-end partner for support at every stage of your product development process.

Connect with a DSM expert to get started

